



Name: _____ Date: _____

TO STUDY FOOD FROM PLANTS AND ANIMALS

/fud from plants and animals/



from animals



from plants

meals

breakfast, lunch, and dinner.



/brekfast/



/lanch/



/dinar/

Food can be

/fud can bi/



good for my teeth

/gud for mai tiz/

healthy. /jelzi/



bad for my teeth

/bad for mai tiz/



unhealthy.

/anjelzi/



LOOK AFTER YOURSELF /luk after iorself/



I brush my teeth.

/ai brash mai tiz/



I wash my hands.

/ai guosh mai jands/



I drink water

/ai drink güotar/



I sleep.

/ai slip/

I rest /ai rest/



I do exercise.

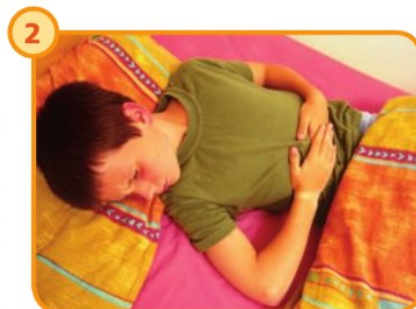
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TAKE CARE AT SCHOOL /teik kear at skul/



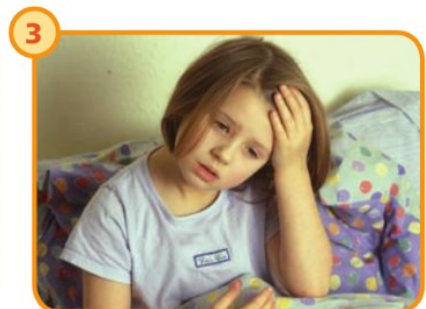
a cold

/a cold/



tummy ache

/tami eik/



headache

/jedeik/



| English | Castellano |
|----------------|---------------------------|
| a cold | resfriado |
| a cough | tos |
| apple | manzana |
| banana | plátano |
| beans | judías |
| bread | pan |
| breakfast | desayuno |
| carrot | zanahoria |
| cereal bar | barrita de cereales |
| cheese | queso |
| chicken | pollo |
| chocolate | chocolate |
| crisps | patatas fritas (de bolsa) |
| dinner | cena |
| eggs | huevos |
| fruit | fruta |
| grapes | uvas |
| ham | jamón |

| English | Castellano |
|-----------------|---------------------------|
| headache | dolor de cabeza |
| healthy snack | una merienda saludable |
| juice | zumo |
| lettuce | lechuga |
| lollipop | piruleta |
| lunch | comida |
| meat | carne |
| milk | leche |
| nuts | frutos secos |
| sausages | salchichas |
| strawberry | fresa |
| sweets | caramelos |
| tummy ache | dolor de barriga |
| unhealthy snack | una merienda no saludable |
| vegetable | verdura |
| water | agua |
| yoghurt | yogur |